



Are You Someone Who Is Passionate about Supporting Positive Mental Health in Scouting?

County Mental Health First Aid Adviser

Are you someone who can help us to plan and deliver appropriate mental health first aid provision in local Scouting? Could you help us to ensure that we support the positive mental health of our youth and adult members?

Our first County Mental Health First Aid Adviser will be someone who understands that mental health is as essential to wellbeing as physical health, and that mental health first aid can be as important as physical first aid. You'll be able to build a team of mental health first aiders to support Scouting events and activities and ensure that our members are provided with mental health guidance and support.

What You'd Do

This is a broad role, with a focus on positive mental health in local Scouting. You'll be responsible for recruiting mental health first aiders to the County First Aid Team, and for arranging suitable mental health first aid awareness in the county, as well as arranging suitable training for our mental health first aiders.

You'll be responsible for ensuring that large scale events and activities are provided with appropriate mental health first aid cover and you'll provide mental health advice, guidance and support to our volunteers, so that our adult and youth members receive appropriate mental health first aid, and referral to appropriate mental health support services if and when needed.

You'd be expected to attend meetings of the County First Aid Team, including provision of mental health first aid awareness, and occasional meetings of the wider county team. You'll also attend some large scale county or district events and activities.

Like to Know More?

If you'd like to find out more or think that you know someone who'd be just right for the role contact us on cc@durhamscouts.org.uk – we'd be delighted to hear from you.