

# DURHAM SCOUTS VAUX AMBULANCE SHIELD SATURDAY 16<sup>TH</sup> MAY 2020

## Introduction/Background

The Vaux Ambulance Shield is the oldest competition in the County and has the oldest of the County Trophies. The Vaux Shield which was given to the County in 1919 to honour the County Commissioner, Cuthbert Vaux, who as it happens was a close friend of Baden Powel the founder of Scouting and also the grandson of the founder of the brewery in Sunderland.



## Aims and Objectives of the Event

- The primary objective of the event is to encourage Scouts to participate in the Scout Staged Emergency Aid Badge at their Group up to Level 4, as a prelude to taking part in the oldest County Competition.
- To encourage Scouts to feed back to their Troop, District or even County itself the importance of learning first aid and that the learning process can be fun.
- To empower the Scouts to be responsible for themselves by taking part in a self-guided preplanned hike knowing they will have a number of unknown challenges to face/complete whilst on route.
- To encourage compassion for other people (via the first aid bases) and develop team work skills within their Patrols/Teams.
- To recognize the high level of First Aid Skills amongst Scouts within the County.
- **To have a fun rewarding day.**

## The Venue

This year's Vaux Ambulance Shield will be held on Saturday 16<sup>th</sup> May 2019 at Moor House Adventure Centre and is to take the form of an incident hike with first aid challenge bases distributed around the set route. Teams of Scout Patrols will be out for about a 4 hour walk, with awards being given later in the weekend as part of the combined Dryburn/Vaux Ambulance Weekend

## Teams

- The event is for teams of between 4/6 scouts.
- Given the outdoor nature of the event and the fact Scouts will be hiking to the incident bases they should be dressed appropriately.
- Teams will be provided with a pre-defined route map and expected direction of travel, be it clockwise or anti-clockwise. The route is approximately 7km in length on good waymarked paths/bridle ways and public footpaths, with some limited road walking. The route will be monitored and patrolled by designated Leaders as well as those on individual bases.

- The route will be part waymarked (Scout Tracking Signs) to aid navigation to aid the circumnavigation of the route
- Individual Scout Groups should provide other sundry group equipment such as compasses, group shelters, reflective rucksack covers or hi vis vests (there is a small element of road walking).
- Whilst having a First Aid Activity Badge would be advantageous it is not an essential requirement to take part in the competition.

## The Competitive Element

- Teams will demonstrate their first-aid skill by participating in a number of bases each testing aspects of First Aid.
- Scouts will be tested up to the standard of the Emergency Aid activity badge (Level 4) including hygiene and the First Aid Kit.
- Scouts will also be assessed on their navigation skills and their ability to work as a team as they progress around the route, albeit the navigation is not the main part of the Challenge and some areas will be waymarked.
- First Aid Incident Bases will last around 20 minutes each and there will be various Bases to complete.

## Equipment/Rules/Scores

- Teams are not expected to bring/provide any specialist first aid equipment. This will be provided at each incident base.
- Whilst hiking a small personal first aid should be carried by each Scout, which would be expected on a normal day hike.
- Full walking kit including boots, waterproofs (jackets and over-trousers) should be worn (**NO JEANS**), Water Bottle Minimum 2 litre, Packed Lunch, Snack Food.
- The conduct of Scouts is expected to be that described in the Scout Law. They will be trusted to follow these in all aspects of the competition.
- The judging team's decision will be considered final and no discussion of methods or decisions made will be entered into.
- Scores: – There are 6 individual First Aid Bases carrying a possible 150 each, with a possible additional 100 points available if the walking route is completed in time, from team set off to return to Moorhouse. A possible 1000 Points are available over the day

**NOTE:** It is the responsibility of each Team/Patrol to be at the first base at their designated time

## Badges

- All Vaux Participants will be awarded the red and gold County Vaux Badge which can be worn for one year to mark entry into the competition.
- Winning Patrol will be awarded the Vaux Ambulance Shield, plus each participant in the winning Patrol will receive a County Necker.