

Random act of kindness -

Camp@Home2: The Jamboree
31st July to 2nd August 2020



The Scout Law tells us a Scout should be friendly and considerate. Our Promise says that we should help other people. Our values say we support other people and the world in which we live. Not just when people are watching, but all the time.

Plan a random act of kindness

Think of something you can do to show kindness, help someone else or support someone else, or say thank you to someone.

It can be absolutely anyone – your family, your friends, or maybe a Scout leader, teacher, or neighbour. It doesn't have to take place during Camp@Home either - just make sure you follow the latest [Government guidelines on social distancing](#)

This is the ONLY challenge we don't want to see your pictures and videos of - as Scouts we think we should be kind all the time, even when people aren't watching. Just smile, and know you did something good for someone else.

If you're stuck for ideas, how about trying some of these?

- Write a heartfelt thank you letter
- Bake something nice for your neighbours
- Give some of the tins of food you're not using to a local foodbank
- Leave letters or notes of encouragement on peoples cars
- Do a favour without asking for anything in return
- Prepare a meal for your family
- Help do some chores without being asked
- Make a gift for someone
- Let someone else pick what to watch on TV!